

## 1. Organize your agenda

- Establish English language learning as a priority.
- Fill out the sheet below.

## 2. Priorities

- You must feel confident to develop a good network.
- Review is critical for information retention.

## 3. Setting the time

- 30 minutes of study and 10 minutes of rest.
- Separate some time for the review.

## 4. Test

- Use apps, quizzes, flash cards, gold list at the end of the day to consolidate the learning **DAILY**.

Daily means 15 – 30 minutes, not 1 or 2 hours

## Enjoy the language-learning process

- Find ways to enjoy the language-learning process, it is really crucial to find enjoyment in the process

## Writing

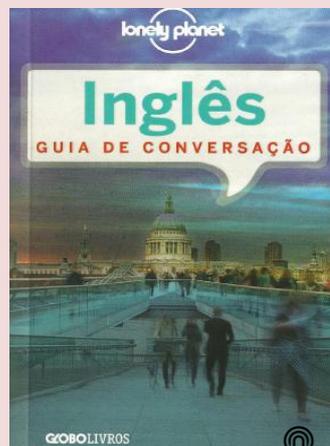
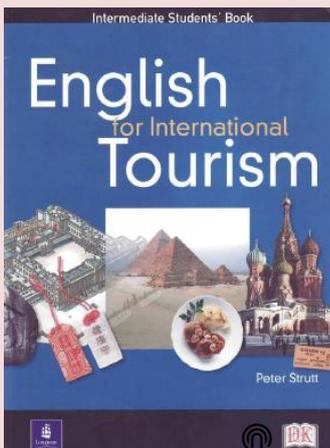
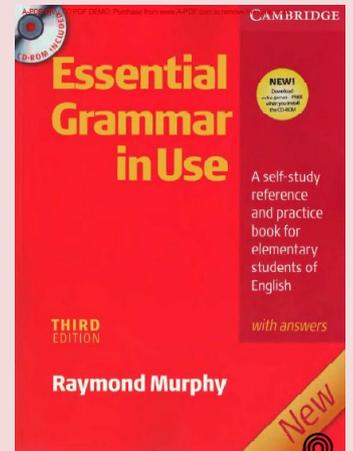
- This is a very important exercise to **IMPROVE CONVERSATION**, not only writing. The same mistakes or doubts students have whenever writing will probably be the same mistakes or doubts they have during the conversation.
- Visual memory is also an important resource.

## Review

- Review the **class report** since the beginning every 2 weeks.

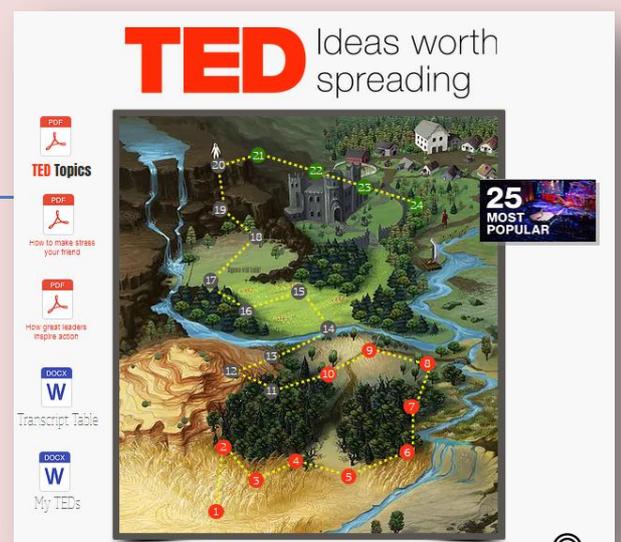
# Material

1. Class report
2. English Central
3. Writing
4. TED
5. Tourism Book
  - a. English for International Tourism
  - b. Inglês – Guia de Conversação
6. Grammar Book
7. YouTube – copy and paste subtitle
8. [Cooking](#)
9. Music: [Duke's playlist](#)
10. Podcast
11. \* Book for night reading?
12. Anki / [New Vocabulary sheet](#)



## TED

- Use the map with the 25 most popular or go to [TED Topics](#) and choose your lecture.
- Instructions:
  1. Copy and paste transcript in English and Portuguese
  2. Read each paragraph and put the new vocabulary below the same paragraph.
  3. After reading 3 – 4 minutes of the lecture, watch it.
  4. Watch the same lecture at least 3 times.
    - a. The methodology should be used for movies, series, music, texts, articles.
    - b. Do not watch a movie without subtitles, just when reviewing.



## Conversation topics (role play)

---

- Record yourself simulating different scenarios.
- Apply the method of self-talk picturing different situations.
  - o Describe the picture to your imaginary friend.
- Tourism:
  - o Airport
  - o Airplane
  - o Immigration
  - o Hotel
  - o Emergency
  - o Transportation

## Learn the most frequent words of the language

---

- If you try to memorize a list of words for a test tomorrow, the words will be stored in your **short-term memory** and you'll forget them after a few days. If you, however, want to keep words **long term**, you need to revise them in the course of a few days repeatedly.
- You can use **apps** which are based on this system such as Anki.
- [Duke's Gold List - vocabulary.](#)
- Students' Class Report.

## Make mistakes

---

- That is the signal that tells you, that you're going beyond your database.
- Do not feel insecure and never say you are sorry for your English! Just do your best.

## Insist on 15 to 30 minutes of studies everyday

---

- 10 (TEN) new USEFUL words, preferentially VERBS must be exercised daily and in every possible way. In the end of the month the student will have learned from **300 to 400 new words.**

## Class Timetable

---

Routine: If you **create a system** in your learning, you don't need to find that extra time, because it will become a **part of your everyday life.**

## Weekly Plan

---

- Fill in the table below and follow the plan.
- **Routine:** if you create a system and a plan in your learning, you don't need to find that extra time, because it will become a part of your everyday life.

**1ST WEEK**

**DATE XX/XX/XX -- XX/XX/XX**

	<b>Segunda</b>	<b>Terça</b>	<b>Quarta</b>	<b>Quinta</b>	<b>Sexta</b>	<b>Sábado</b>
07:00						
08:00						
09:00						
10:00						
11:00						
12:00						
13:00						
14:00						
15:00						
16:00						
17:00						
18:00						
19:00						
20:00						
21:00						
22:00						